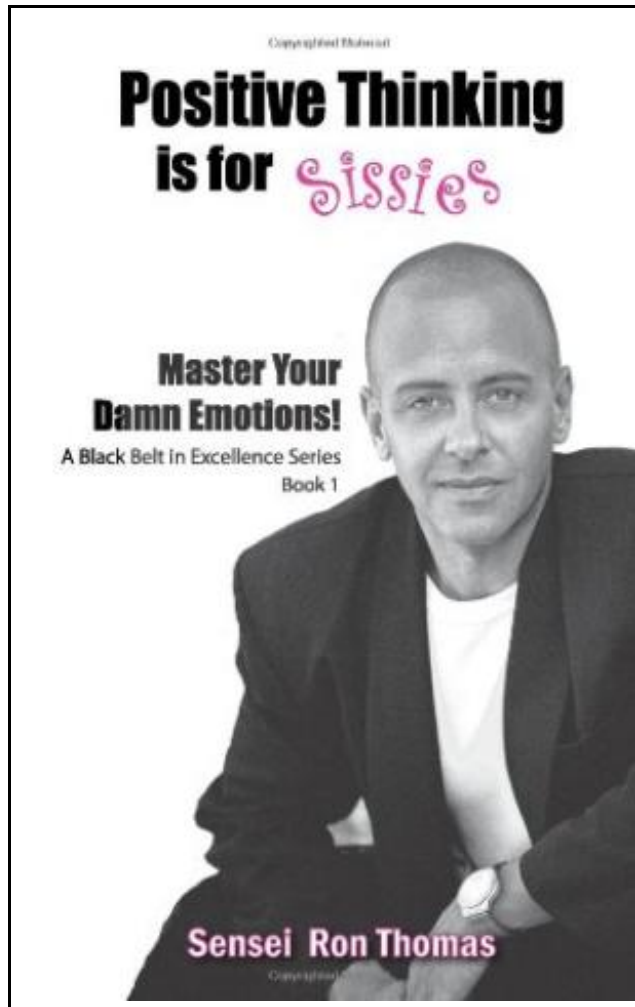


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POSITIVE THINKING IS FOR SISSIES: BOOK 1, MASTER YOUR DAMN EMOTIONS! (PAPERBACK)



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Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.You ve tried positive thinking, now what? As popular as the notion of positive thinking may be, the truth is it s not enough! Positive thinkers everywhere still struggle with getting the results they want, they still struggle with their inner feelings and, yes, they struggle with negativity! In this book - the first in a series - Sensei Ron invites the reader to go beyond thinking positive as a mere strategy for life, and begin the journey to self-mastery by being positive as a way of life. Far too many people are ruled by their emotions. Here, Sensei Ron identifies your inner opponents. Six core emotions that are at the heart of negativity. These opponents will beat you up, down and sideways, and damage you in ways you may not realize. Learning to master your emotions will put you more in alignment with Universal Laws like the Law of Attraction, the Law of Balance and the Law of Harmony. By giving up the resistance present in all negativity, you will be more in the flow of life where you will have greater access to happiness and joy. If you are a slave to your emotions, if negativity has stopped you from being happy, healthy and successful, then this book is for you! Few people understand the psychology of winning better than Sensei Ron -Sarano Kelley, leading financial coach and author of The Game At the highest level of athletics, or life for that matter, a peak mental state is essential. Handling negative emotions and finding the Zone are challenges. There is nobody better suited to help tackle these challenges than Sensei Ron! - Gabe Kapler,...



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