



### Nutrition for Life (Paperback)

By Janice J. Thompson, Melinda Manore

Pearson Education (US), United States, 2015. Paperback. Book Condition: New. 4th Revised edition. 274 x 213 mm. Language: English . Brand New Book. NOTE: You are purchasing a standalone product; MasteringNutrition does not come packaged with this content. If you would like to purchase both the physical text and MasteringNutrition search for 0133878368 / 9780133878363 Nutrition for Life Plus MasteringNutrition with MyDietAnalysis with eText 2.0-- Access Card Package, 4/e Package consists of: \*0133983099 / 9780133983098 MasteringNutrition with MyDietAnalysis with Pearson eText --Valuepack Access Card -- for Nutrition for Life \*0133853365 / 9780133853360 Nutrition for Life, 4/e MasteringNutrition should only be purchased when required by an instructor. For graduate and undergraduate nutrition students Understanding and applying nutrition to everyday life The Fourth Edition of Nutrition for Life, MasteringNutrition Edition gives students the tools they need to effectively learn and master nutrition concepts and apply them to their daily lives. This visually rich text is packed with information and exercises to help students understand how the food they eat affects their bodies. Students will learn about essential nutrients, vitamins, minerals, and the chemical organization of micronutrients, while staying engaged with the material through self-assessments, case studies, and study aids. Nutrition for ...



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