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Repetition: Past Lives, Life and Rebirth

By Doris Eliana Cohen

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Repetition: Past Lives, Life and Rebirth, Doris Eliana Cohen, This fascinating book by Doris Eliana Cohen was written to help us create a shift in our own consciousness as well as that of humanity. In order to heal from traumas, we unknowingly repeat the stories of our lives again and again, reliving them in different scenarios in this life as well as in other lifetimes. This repetition of our behaviour patterns is neither neurotic nor pathological. It is absolutely necessary, because painful though it may be, repetition offers us multiple opportunities for facing our issues, making new choices, and healing ourselves at last. All of us have a God-given gift of free choice, although we may be unaware of it at times. Only when we acknowledge and take full responsibility for the choices we've made in our current and past lives can we begin to change our stories and end the suffering we've been causing ourselves. This material is based on Doris's 30 years of clinical experience with clients, using a wide variety of holistic techniques, combines with past-life-regression therapy. As a psychic, Doris is guided and inspired by her communication...



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